

DO YOU HAVE A CHILD WITH CEREBRAL PALSY BETWEEN THE AGES OF 8 AND 18?

INVESTIGATING PHYSIOLOGICAL RISK FACTORS AND MENTAL HEALTH IN CHILDREN WITH CP

WE ARE LOOKING FOR KIDS WITH CP AND ONE OF THEIR
PARENTS TO PARTICIPATE IN A NEW RESEARCH STUDY

Help us understand how **pain and sleep** impact the
mental health of kids with CP!

**YOU CAN NOW PARTICIPATE IN THIS STUDY ENTIRELY
FROM YOUR HOME!**

- Kids will **wear an Actigraph** (small device) around their wrist and around their waist to measure their sleep and physical activity, as well as report on their pain, sleep, and mood each day for **7 days and nights**.
- Kids and their parents will complete a **mental health interview** (over the phone), and fill out **online questionnaires** related to mental health, pain, sleep, and energy levels.

PARTICIPANTS WILL RECEIVE A \$50 GIFT CARD

Contact the ENHANCE Lab
enhancelab@ucalgary.ca



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This study has been approved by the University of
Calgary Conjoint Health Research Ethics Board.
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